



Year 1 Formative OSCE 2017

Reading for Station 4

Candidate Instructions

Clinical scenario

You are a second year medical student on placement at the Miami Family Medical Centre.

Jane Wilson, aged 48, has come to talk to the GP about her 'troublesome' periods and has agreed to talk to you.

You read in her notes that she has one child, a son aged 12, who was delivered by a planned caesarean section with no complications. Her STI screening results from 2 weeks ago were negative (no infection).

Task

In a total of five (5) minutes:

- Take a **focused gynaecological history**, ensuring you discuss her menstrual disturbance and any other relevant gynaecological history.

Simulated Patient Information

Thank you for supporting this important GUMS formative OSCE, your contribution is greatly appreciated. Each candidate will be with you for 5 minutes with a 2 minute break in between.

The candidate has the following scenario and task

Clinical scenario

You are a second year medical student on placement at the Miami Family Medical Centre.

Jane Wilson, aged 48, has come to talk to the GP about her 'troublesome' periods and has agreed to talk to you.

You read in her notes that she has one child, a son aged 12, who was delivered by a planned caesarean section with no complications. Her STI screening results from 2 weeks ago were negative (no infection).

Task

In a total of five (5) minutes:

- Take a **focused gynaecological history**, ensuring you discuss her menstrual disturbance and any other relevant gynaecological history.

Instructions for simulated patient

You are Jane Wilson, a married 48-year-old who works as an administration assistant. You came to the GP clinic two weeks ago as you had been experiencing changes to your menstrual periods for the previous 12 months. This has become increasingly worrying to you, as it has begun to affect your daily life. You were relieved but not surprised to find out that this was not caused by a sexually transmitted infection.

Prior to the irregularity, your cycle was regularly 35 days in length with 4 days of menses requiring 3-4 tampons per day. Any associated cramping has been mild and typically mid cycle or just prior to your menses. You took no pain medication for this.

Since the irregularity began you have noticed that your cycle has become much shorter (around 21 days) with up to 7 days of 'heavy' bleeding that requires at least 6-8 tampons per day. Occasionally you have leakage and this is distressing to you as it happened recently at work and you have now taken to wearing both tampons and pads.

You have also noted some clots in the blood and the associated discomfort has been such that paracetamol has not given sufficient relief. This has resulted in trouble concentrating at work and an inability to readily participate in regular yoga or gym activities. You are also feeling more tired than normal over the past six months.

You had your first period at age 13. They became regular by the age 15, you cannot remember the exact length. You went onto oral contraception when you were 17, this was the generic combined pill recommended by your doctor at the time. You ceased this medication at age 33 when you started trying to conceive. You did not continue to use medication following the birth of your child as your husband had a vasectomy six months afterwards. Your periods have been regular since the birth of your son.

You have not had any children.

You regularly have your pap smears taken (every 2 years) and have never had an abnormal result. The only medication you take is paracetamol for cramps, headaches etc.

Over the last 6 months you have noticed that you wake several times a night feeling very hot and uncomfortable. This feeling lasts four around five minutes and is disrupting your sleep patterns. You also have found the prospect of sex less interesting with new onset vaginal dryness. While the vaginal dryness does not cause significant pain during sex it does cause some discomfort and significant itchiness afterwards. You have also found that when you do have sex you have been unable to achieve orgasm as frequently as before. This is one of your major concerns as previously the two of you had a very active sex life, and you worry it could create a strain on your relationship.

You are otherwise in good health and have not needed to see the doctor for anything else since the birth of your children. You wonder if this may be the start of menopause and your main concern is if this will cause loss of your sex life.

Examiner Instructions

- Please verify that you are examining the correct student by checking the name on the student's ID card against the name on the score sheet, as the student enters the room.

The candidate has the following scenario and task

Clinical scenario

You are a second year medical student on placement at the Miami Family Medical Centre.

Jane Wilson, aged 48, has come to talk to the GP about her 'troublesome' periods and has agreed to talk to you.

You read in her notes that she has one child, a son aged 12, who was delivered by a planned caesarean section with no complications. Her STI screening results from 2 weeks ago were negative (no infection).

Task

In a total of five (5) minutes:

- Take a **focused gynaecological history**, ensuring you discuss her menstrual disturbance and any other relevant gynaecological history.

- You are an observer examiner. Please do not speak to the candidate, after you have checked ID. Please do not provide prompts on the station content.
- Stay out of the line of sight between the candidate and the patient. Do not provide any positive or negative feedback to the candidate.
- Please record your observations on the scoresheet **as you go**, as discussed in the briefing.
- The candidate has only 5 minutes to complete the station. When the PA instructs, they should be asked to finish and leave immediately.
- You have two minutes between candidates to finalise your scoring and 'reset' the station.

Props and Sundries

- Simulated patient, female 40-50s
- 4 chairs (patient, student, examiner, observer)
- Note paper
- Pen

OSCE Score Sheet

Student Name

Student Number

Examiner's Name

ID Check
(Please tick)

Simulated Patient's Name

No Assessment Item (details)

PLEASE MAKE ONE TICK IN EVERY ROW

1	Introduces self (appropriately)	<input type="checkbox"/>	<input type="checkbox"/>					
		0	1					
1a	Washes hands (before and after)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
		0	1	2				
2	Open question (starts with open question, second open question)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
		0	1	2				
3	History of presenting illness (establishes timeline of period irregularity, menses quantity, duration, clots/flooding, pain, prior similar episodes)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		0	1	2	3	4	5	
4	Menstrual history (age of menarche, length of menstrual cycle, heaviness of bleeding, LMP, no pregnancies)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		0	1	2	3	4	5	
5	Red Flags Intermenstrual Bleeding, Post Coital Bleeding	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
		0	1	2				
6	Associated symptoms (dysmenorrhoea, pelvic pain, discharge, tiredness/lethargy, bowel changes, bladder changes)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		0	1	2	3	4	5	
7	Explores gynaecological history (pap smear, prior surgeries, previous gynaecological diseases, endometriosis, previous STI, other reasonable questions)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		0	1	2	3	4	5	
8	Climacteric symptoms hot flushes, mood changes, fatigue, formication, other reasonable	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
		0	1	2	3	4		
9	Sexual dysfunction history (asks about sexual dysfunction at all, changed libido, female genital dryness, orgasmic problems, dyspareunia)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		0	1	2	3	4	5	
10	Contraception Asks about	<input type="checkbox"/>	<input type="checkbox"/>					
		0	1					
11	Asks about patient understanding and concerns	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
		0	1	2				
12	CLARITY (communication, organisation,)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		1	2	3	4	5	6	7
		Confused, disorganised, unclear		Below expected		Above expected		Outstanding
13	WARMTH (engagement, compassion, care for patient)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		1	2	3	4	5	6	7
		Cold, uncaring, brusque		Below expected		Above expected		Outstanding
14	COMFORT (candidate discussing gynaecological matters)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
		1	2	3	4	5	6	7
		Distinctly uncomfortable		Below expected		Above expected		Outstanding

