

2019

Griffith University Medicine Society

HELLO

First Year
Guide



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Welcome



Rhys Harris
r.harris@gums.org.au
GUMS President

Welcome Griffith Medicine Class of 2022!

My name is Rhys and I am the Griffith University Medicine Society (GUMS) President for 2019. Congratulations on being accepted into medicine and welcome to Griffith Medical School on the Sunshine Coast! We hope that the next four years will be exciting, challenging, and the most incredible start to your medical career. While you each come from a unique background, studying medicine has a way of pulling each cohort together as you battle through PBL, study and exams together. I hope that you build as strong relationships with those in your year as I have mine.

Whilst this is a very exciting time, it is not unusual to feel a little nervous about commencing this new journey. Whether this be related to moving away from home, or uncertainty about what to expect academically, be assured that you aren't in this alone and that GUMS is here to help!

2019 marks a milestone for Griffith as the Medical School and GUMS moves to the Sunshine Coast. We have an awesome GUMS team on the Sunshine Coast to ensure you are provided with the support and guidance you need. GUMS hosts a solid social and academic calendar to make your time at uni both outrageously fun, and to help you grow as a future doctor. We have a key priority to support every student on their journey, and have a wellbeing portfolio designed to help you establish a healthy work life balance and manage stress, to ensure you can enjoy your time in med. I encourage you to make the most of the opportunities throughout the year to mix with your Gold Coast based colleagues. GUMS is the peak representative body for medical students at Griffith - we represent and advocate for you within the School, and nationally through the Australian Medical Students Association (AMSA).

This guide has been put together by the GUMS team to give you an overview of what first year will be like – the curriculum, extracurricular activities, student societies and living on the Sunshine Coast! Please don't hesitate to get in touch with any of the GUMS team by email or Facebook – we are here to help!

I can't wait to meet you all during Orientation Week and to officially welcome you to our Griffith Medicine family!

Rhys

GUMS Website: <http://gums.org.au>

GUMS Facebook Page: <https://www.facebook.com/GUMSMed-Soc/>

Class of 2022 Facebook Group:

<https://www.facebook.com/groups/335582140527698/>

SAVE THE DATE

DISORIENTATION CAMP

JAN 26-27

FIRST YEARS ONLY





Welcome to the Sunshine Coast

As a Griffith Medicine student you are fortunate to be able to study and live in one of the most beautiful parts of Australia, not to mention being the first Year 1 students to study here! Living on the Sunshine Coast offers an environment that is laid back and relaxed, yet is also vibrant with numerous activities to choose from. The Sunshine Coast extends from Caloundra to Noosa Shire, with the Sunshine Coast Campus and Sunshine Coast University Hospital (SCUH) being conveniently located in Birtinya.

The Sunshine Coast is located just one hour's drive north of Brisbane and is home to 65km of some of the world's most beautiful beaches, rainforests and hinterland. As well as its natural beauty, the Sunshine Coast is home to a huge variety of restaurants, markets, cultural and sporting events.

For great tips, follow **The Urban List – Sunshine Coast** on Facebook or check [out www.theurbanlist.com/sunshinecoast](http://www.theurbanlist.com/sunshinecoast).

Day activities: Surf and swim at amazing beaches like Coolum, Dicky Beach, Noosa. Bike, hike, fish, run! Explore Mount Coolum and the Glass House Mountains. Visit weekend markets including the famous Eumundi Markets. Escape to Fraser Island and Hervey Bay, for fishing, camping, 4 wheel driving. Visit Australia Zoo

Night activities: The Wharf at Mooloolaba, Sol Bar and Old Sol Bar on Ocean Street, Nights on Ocean Street (2nd Friday each month), Taps or Good Bar at Mooloolaba, Friday night markets at Marcoola

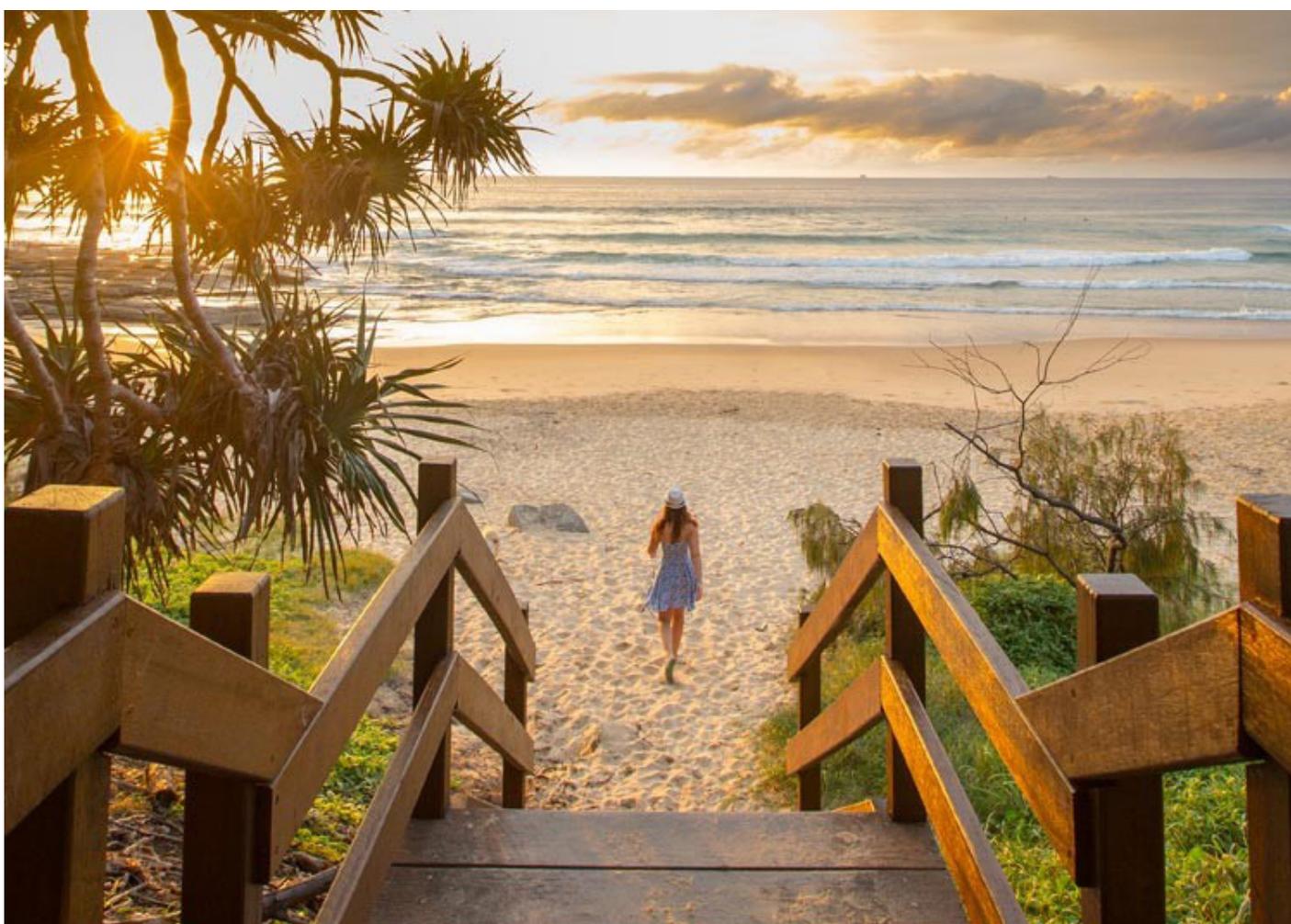
Sports events: Sunshine Coast Lightning (2 x Super Netball League premiers), Noosa Tri, Mooloolaba Tri, Sunshine Coast Marathon, Tough Mudder

Festivals: Festival of Surfing, Big Pineapple Music Festival, Caloundra Music Festival, Woodford Folk Festival, Craft Beer Festival, Halloween Festival at Aussie World, Gympie Muster, Oktoberfest

Shopping: Sunshine Plaza (lots of shops and cinemas), Kawana Shopping World (lots of shops and cinemas), Supermarkets everywhere, Boutique shopping at all of the major beaches!



GUMS is thankful to SCUH staff for contributing information for this guide



Places to Eat

Maroochydore and Ocean Street

- Betty's Burgers
- Junk (delicious Asian food)
- Catalina Mexican
- Sol Bar
- Tome (best cakes and cronuts..... yum)
- The Nines (great for breakfast)
- Spinners on Ocean – play pool, ten pin bowling or just have a cold beer

Mooloolaba

- Lots of great deals during the week, so keep an eye out
- Velo Project (fabulous for breakfast and lunch)
- Good Bean (great coffee)
- The Wharf (music and food)
- Taps (pull your own beer)
- N Thai Sing
- Rice Boi

The Northern Beaches – Coolum, Peregian, Sunrise, Sunshine and Noosa

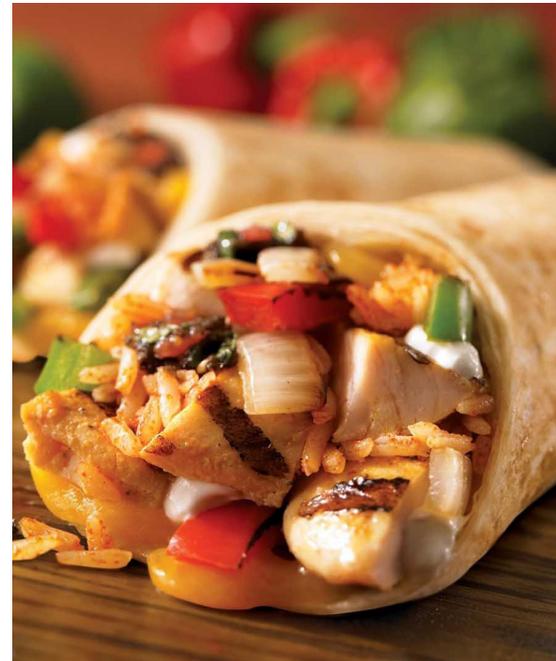
- Sum Young Guys (Sunshine)
- Betty's Burgers (Noosa)
- Coolum Beach, Sunshine Beach and Noosa Surf Clubs
- Canteen (Coolum)
- Every second Sunday at Peregian Beach, music festival from 1pm

The Southern Beaches – Point Cartwright, Buddina, Dicky, Kings

- Blackwater Brewery (Caloundra)
- TwinFins espresso Bar (Buddina)
- Stormie D's Cupcakery (Caloundra)
- Pavilion Kiosk (Kings Beach)

Hinterland

- Head out to the famous Rick's Diner at Palmwoods for ribs and burgers, with classic cars and a whisky bar –20 minutes from Maroochydore



Campus information

Transport

If you live close to campus, you can cycle, walk or skateboard in. SCUH has end of trip facilities and a secure area to lock your bike up while you study.

There is good public transport available to SCUH from Maroochydore to Caloundra, with the bus stop right at the front entry to SCHI. <https://translink.com.au/about-translink/projects-and-initiatives/sunshine-coast-university-hospital>

If you prefer to drive you should note that parking is limited and can be expensive. If you arrange to car pool with other students, it would be more cost effective. Casual parking at SCUH is \$15.20 per day. If you are prepared to pay for a monthly car spot, parking is available through Secure Parking adjacent to the hospital for \$120 per month, which equals approximately \$6 per day.

SCUH and SCHI

The Medical School, PBL rooms, lecture theatres, library, student hub areas are all located at Sunshine Coast Health Institute (SCHI) and are co-located with the Sunshine Coast University Hospital (SCUH).

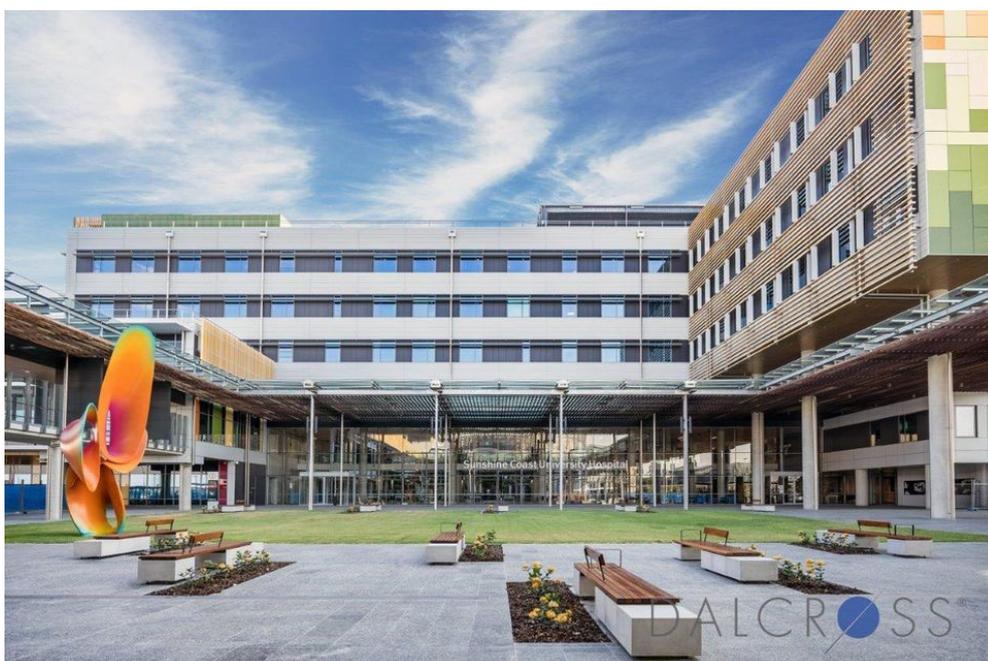
www.health.qld.gov.au/sunshinecoast/services-and-facilities/facilities/sunshine-coast-university-hospital

www.schealthinstitute.com.au

On and around the campus, there are ample coffee shops and food vendors. Pick your favourite or save your money and bring your own.

Where to live

Most students enjoy living at the beach or near the beach. Anywhere from Caloundra to Maroochydore will be on a good bus route, and some places will be within walking distance. Mooloolaba, Buddina and Wurtulla are popular spots. For those keen to get away from it all, Coolum Beach is also popular, but requires a commitment to driving.



Medical School Curriculum: Themes

Medicine is a very different degree to what you would have done previously. Instead of enrolling into different subjects/courses you enrol into one subject, which comprises the whole curriculum for the year!

Your first semester is called the “Introduction to the Science of Medicine” and your second semester will be “Systems Medicine”.

The curriculum is split into 4 themes: DKHI, DLEPP, DHC and D&P. Here we have provided a brief introduction with some tips and tricks for each.

At a glance...

DKHI

- Content: physiology, anatomy, histopathology, disease diagnosis and management
- Lectures & learning objectives from PBL cases

DP

- Content: communication skills, clinical skills and procedural skills.
- Communication skills will be taught/practiced through lectures & workshops
- Clinical skills e.g. cardiovascular, respiratory, gastrointestinal examinations will be taught/practiced through workshops
- Procedural skills e.g. ECGs, spirometry tests, injections etc will be taught/practiced through lectures & workshops

DHC

- Content: epidemiology, primary health care, global health, indigenous health, community supports, allied health and evidence based practice
- Lectures, learning objectives from PBL cases, community placements (ISM block)

DLEPP

- Contents: Legal & ethical sides of healthcare
- Lectures & learning objectives from PBL cases

DKHI: Doctor and Knowledge of Health and Illness

The Doctor and Knowledge of Health and Illness theme is the medical science component. It contains all of the content related to physiology, anatomy, histopathology, disease diagnosis and management. It is taught through regular lecturers from the School of Medicine, guest lecturers who are specialists in their field, anatomy labs and pathology labs.

Each week you also have two Problem Based Learning (PBL) sessions which involve working through theoretical patient based cases as a group. These cases take place over 2-3 sessions and have a set of learning objectives which you will cover as part of the process, covering not only DKHI but all four themes. These learning objectives are important as they form the knowledge you need to know for your assessment.



DHC: Doctor and Health in the Community

The Doctor and Health in the Community theme looks at a variety of topics including epidemiology, primary health care, global health, Indigenous health, community supports, allied health and evidence based practice. DHC is taught through lectures, PBL derived learning objectives, and community placements during the ISM block.



DP: Doctor and Patient

The Doctor and Patient theme is where you will learn your hands-on skills. There are three streams: communication skills, clinical skills and procedural skills.

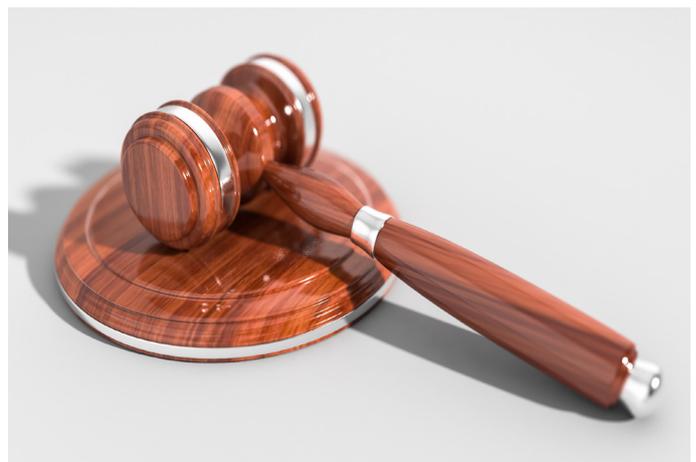
Taking a history from a patient is an essential part of being a medical practitioner, so you will have plenty of practice with this right from your first weeks in medical school. This is taught through both lectures and communication skills workshops where in a group of six students with a facilitator, you are each given a scenario to practice your skills by having a consultation with a simulated patient (played by an actor).

As the year progresses, you will start your clinical and procedural skills workshops. Procedural workshops include learning to administer and interpret ECGs, running spirometry tests, and giving injections. Clinical skills involve learning cardiovascular, respiratory and gastrointestinal examinations, which you will practice on each other.



DLEPP: Doctor and Law, Ethics and Professional Practice

Doctor and Law, Ethics and Professional Practice is quite a different theme from the others but incredibly important for your career. DLEPP deals with the legal side of healthcare such as competency of patients, emergency situations and public health obligations. Ethical frameworks involved in decision making as a medical practitioner are also covered, as well as elements of professionalism that come with being a doctor. The content is taught through lectures and reinforced through PBL derived learning objectives.



Assessment

At the end of each block, you will also sit short answer (SAQ) papers and multiple choice (MCQ) papers consisting questions from all DKHI, DHC & DLEPP.

DKHI

Anatomy & pathology practical exams for each block

SAQ & MCQ exam

DP

Assessed throughout the year via competency based assessment and reflective journals for some workshops.

DHC

ISM: 4 community placements and an assessment of what you learnt during your placements

SAQ & MCQ exam

DLEPP

In teams, you will partake in an ethical and legal debate

SAQ & MCQ exam

While this guide aims to be a first introduction, it is written by students for students. So it is vital you read the Assessment Document & Course Profile released early in the year by the School of Medicine on Learning@Griffith with updated assessment information & marks breakdown.

Marks

Medicine is taught and assessed very differently than your undergraduate degrees. It is designed to equip you for a style of learning that will carry you throughout your career. Particularly in the early years, adjusting to this style of learning can be challenging. Our top tip is not to focus on the marks, but on building these skills. Often exams include questions above your knowledge level - while challenging, this is a great way to develop your exam and study techniques.

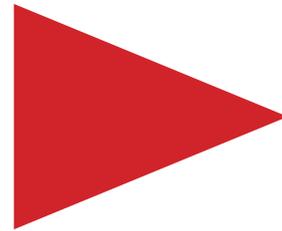
To help you with this, during your first two years of medicine you will be given a percentage mark for most of your assessment but at the end of the year it all accumulates together into a **simple pass or fail mark not a grade**. The pass mark is not your typical "50%" but a "Sum of Minima" (SoM) usually between 60-70% (varies depending on the difficulty of the exam).

Study tips

Symptoms: Overwhelmed. COMPLEX. CRAM.
Treatment: Use ISM block to try various techniques and find out what works for you. There is no set 'best way' but here are some tips!

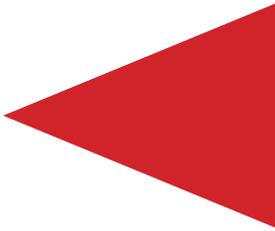
Anatomy:

- Labwork is your lifeline - complete lab notes, read a chapter of the textbook or look at diagrams
- Attempt revision pins in each lab to get an idea of exam style questions



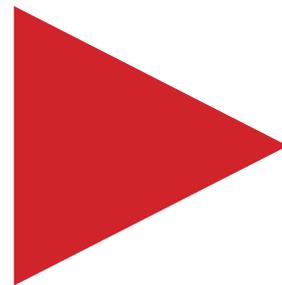
Pathology:

- Study both microscopic and macroscopic specimens (both can be examined)
- Use both lectures and practicals to determine the key points to study



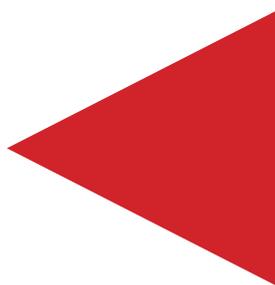
D&P:

- DO & PRACTICE on family, housemates, friends
- Use Talley & O'Connor since the school uses it for assessment. Examiners know when students have practiced!

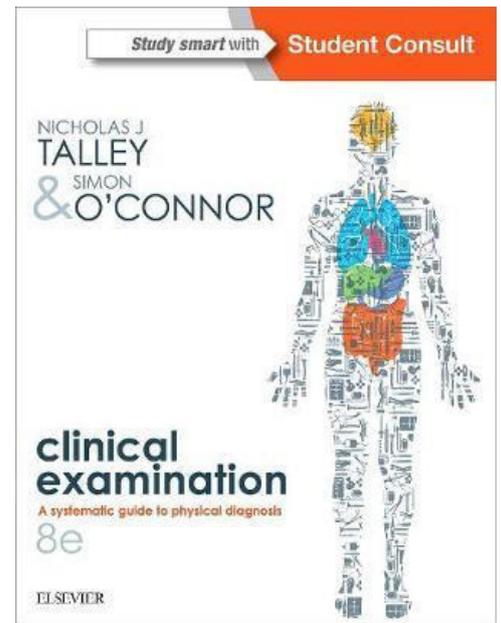
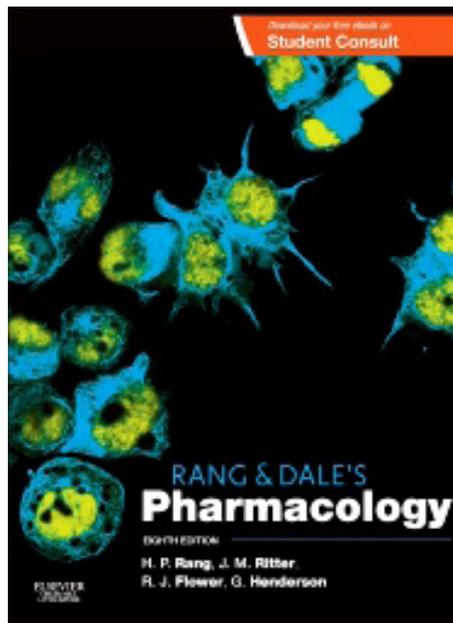
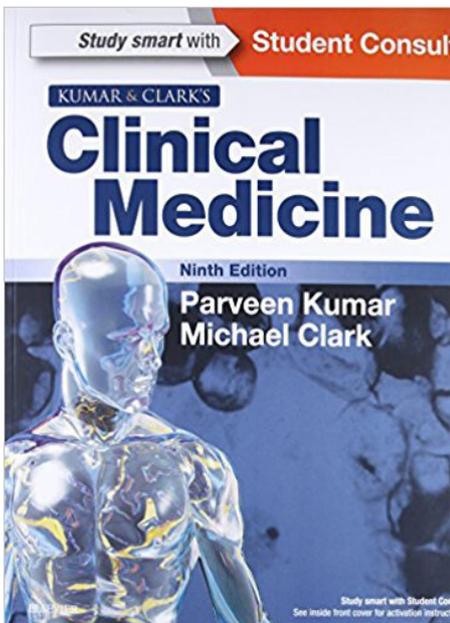


Survival:

- Attempt formative exams with model answers on Learning@Griffith
- Work with your PBL group or friends to agree on the suitable depth of information
- Consider clinical relevance of your learning e.g. why avoid prescribing beta blockers to asthmatics?



Textbook & re



Pathophysiology and Disease

- Kumar and Clark's Clinical Medicine
- Robin's and Cotran Pathologic Basis of Disease
- Harrison's Principles of Internal Medicine
- Medmaps for Pathophysiology
- Toronto Notes
- Oxford Clinical Medicine Handbook
- First Aid for the USMLE Step 1
- Griffith also offers free access to other resources such as BMJ Best Practice and UpToDate

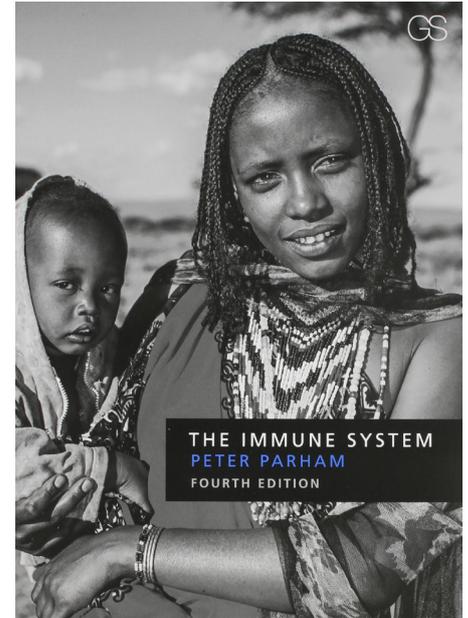
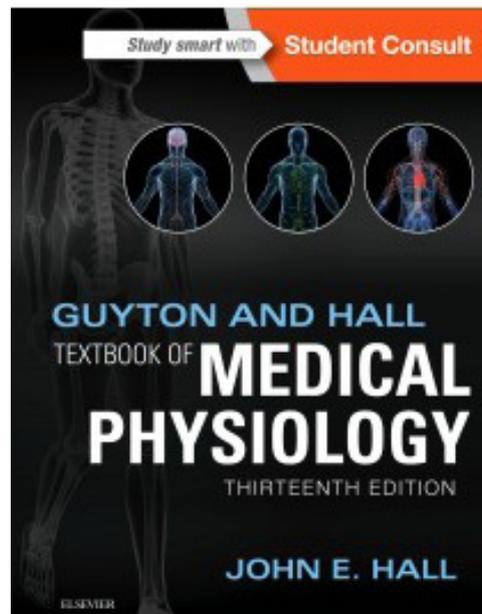
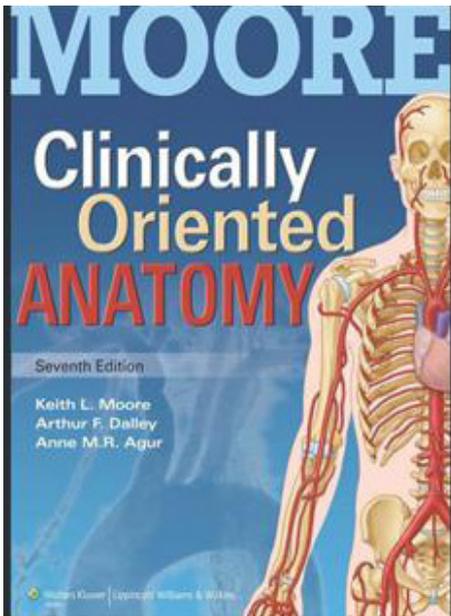
Pharmacology

- Australian Medicines Handbook (Available online through Griffith library)
- Rang and Dale's Pharmacology
- eTG electronic therapeutic guidelines (Available online through Griffith library)
- First Aid for the USMLE Step 1

Clinical Skills

- Talley and O'Connor "Clinical Examination"- go-to for history taking and physical examination
- Geeky Medics (online videos and notes)
- OSCE Stop (online notes)
- OSCEs at a Glance

source guide



Anatomy

- Gray's Anatomy for Students
- Moore's Clinically Oriented Anatomy
- Rohen Color Atlas of Anatomy (great for studying for the exams, has pictures of real-life cadavers)
- Atlas of Human Anatomy by Frank H Netter
- Netter's Anatomy Flash Cards

Physiology

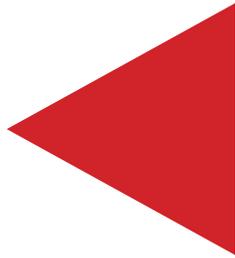
- Human Anatomy and Physiology by Marieb (great for non-science background)
- Guyton and Hall
- Rhoades and Tanner Medical Physiology
- Handwritten Tutorials (online videos)
- Osmosis (online videos)
- Armando Hasudungun (online videos)
- Khan's Academy (online videos, some hit and miss)
- First Aid for the USMLE Step 1

Microbial Disease and Immunology

- Schaechter's Mechanisms of Microbial Disease
- The Immune System by Peter Parham

Note: Many of these resources are available online through the library website so you may not need to buy hard copy textbooks!

Wellbeing tips

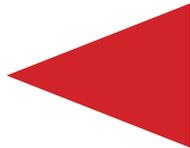
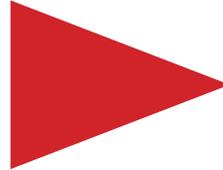


Live happily in the moment

- Focus on study but worrying too much is fruitless
- Keep a weekly and daily to do list
- Be realistic in terms of learning goals
- Avoid long study sessions – Try several 1h study sessions with a 15 min break rather than slogging it out
- Get enough sleep for top performance

Avoid cramming and stay up to date with Learning Objectives and PBL cases.

- Make a study group to stay up to date
- Learn the main points for each case rather than stressing over little things

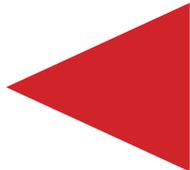


Exercise, Exercise, Exercise!

- Join a local gym, participate in low cost activities by the Gold Coast council or just go for a walk around the beautiful Gold Coast

Get a GP & look after your overall health

- There are lots of GP clinics on the coast and with a quick google search you'll find close to home



Get involved in Griffith activities

- Huge local sports scene on the coast for all abilities and all sports
- Get involved in things outside uni in order to strike a balance between med & non-med friends

Advocacy services & places to seek support:

- Your peers
- Your GP
- GUMS advocacy <http://gums.org.au/site/advocacy/>
- GUMS Wellbeing Officer: Jasnoor Singh j.singh@gums.org.au
- Griffith Uni Student Guild Advocacy group <https://www.gugcstudentguild.com.au/student-support/academic/appeals-advocacy/>
- Harrassment & Discrimination Cont. Officer: Eve De Silva e.desilva@griffith.edu.au
- Griffith Counsellor <https://www.griffith.edu.au/student-services/health-counselling-wellbeing/counseling-wellbeing>
- Griffith Health clinic GP <https://www.griffith.edu.au/student-services/health-counselling-wellbeing/health-and-medical-services>
- Doctors Health Advisory Service Queensland (DHASQ) - 24/7 <http://dhasq.org.au/about.php>
- **Lifeline Australia: Call 000**

A great resource to check out is *Keeping your Grass Greener*, a booklet released by the *Australian Medical Students Association* to assist medical students in maintaining their health and wellbeing throughout medical school. Find it at: <http://mentalhealth.amsa.org.au/keeping-your-grass-greener/>



ABOUT US

Griffith University Medicine Society (GUMS) is your student representative body! We pride ourselves on being the society for all students and aim to make life at medical school easier by supporting you throughout your degree. We act as a point of contact for you if you need any assistance and communicate with the School of Medicine to relay student feedback and concerns. We run extra academic events to complement and fill the gaps of medical school. We also want to make life at med school bearable by organising some of the biggest events of the year!

PORTFOLIOS

- Advocacy
- Academic
- Social
- Wellbeing
- IT
- Gender Equity
- Merchandise
- Publications
- Sponsorship
- Engagement

MEMBERSHIP

All Griffith University medicine students can become members of GUMS. We have paying and non paying members. Paying members are entitled to discounts to our events as well as other benefits. 2019 memberships will be available early in the year so watch this space!

GET INVOLVED

We are looking for passionate students willing to work towards improving the student experience in medical school. Experience is not necessary. Available positions:

- Year 1 Advocacy Rep
- Academic Subcommittee
- Social Subcommittee
- Wellbeing Subcommittee
- Publications Subcommittee
- Photographer and Videographer

More information on how to apply will be available early in 2019!

CONTACT US

Facebook: <https://www.facebook.com/GUMSMedSoc/>

Facebook Class of 2022:

<https://www.facebook.com/groups/335582140527698/>

Instagram: [@gumsmedsoc](https://www.instagram.com/gumsmedsoc)

Website: <http://gums.org.au>

GUMS Executive



President	Rhys Harris	r.harris@gums.org.au
Secretary	Emily D'Arcy	e.darcy@gums.org.au
Vice President (Gold Coast)	Marie Nguyen	m.nguyen@gums.org.au
Vice President (Gold Coast)	Thaddeus McFarlane	t.mcfarlane@gums.org.au
Vice President (Sunshine Coast)	Wadie Rassam	w.rassam@gums.org.au
Treasurer	Vikash Dhanapathy	v.dhanapathy@gums.org.au
Immediate Past President	Nicole Georgiadis	n.georgiadis@gums.org.au
Advocacy Officer	Julia Bonnett	j.bonnett@gums.org.au
Academic Officer (Gold Coast)	Philip Nguyen	p.nguyen@gums.org.au
Academic Officer (Sunshine Coast)	Sakhi Doshi	s.doshi@gums.org.au
Academic Officer (Sunshine Coast)	Michael Henain	m.henain@gums.org.au
Social Officer (Gold Coast)	Aditya Boppana	a.boppana@gums.org.au
Wellbeing Officer (Gold Coast)	Jasnoor Singh	j.singh@gums.org.au
Social & Wellbeing Officer (Sunshine Coast)	Elizabeth Moloney	e.moloney@gums.org.au
Gender Equity Officer	Grace Hocking	g.hocking@gums.org.au
Merchandise Officer	Matisse Fox	m.fox@gums.org.au
Publications Officer	Janis Fernandes	j.fernandes@gums.org.au
Sponsorship Officer	Jenny Xiao	j.xiao@gums.org.au
IT Officer	Lachlan Paterson	l.paterson@gums.org.au
Engagement Officer	Gayatri Bhagwat	g.bhagwat@gums.org.au
AMSA Representative	Phoebe Tronc	p.tronc@gums.org.au
Junior AMSA Representative	Kiera Stanmore	k.stanmore@gums.org.au

GUMS PORTFOLIOS

Advocacy Officer



Julia Bonnett
j.bonnett@gums.org.au

My name is Julia Bonnett and I am the GUMS Advocacy Officer this year. We are here to act as your voice and ensure your questions, concerns, and feedback are communicated to staff in order to help foster a better learning environment for us all! Some things we do include:

- Connecting you with help should you need any additional support, academically (e.g. applying for special consideration) or otherwise. We are here to look out for you and happy to have a chat should any concerns pop up.
- Course feedback - if you have any suggestions on how the course could be improved, general concerns, or thoughts on what was done well please let us know. We will work with staff to try and find creative solutions. Past student feedback has helped facilitate significant improvements in our medical school experience!
- Represent student point of view at committees within the medical school and to the AMC (Australian Medical Council)

If you have any questions, or you just want to have a chat, don't hesitate to get in touch. I look forward to meeting you all soon!



My name is Michael Henain and I am one of the Academic Officers this year for the Sunshine Coast. Congratulations and welcome to an incredibly exciting new chapter!

We are here to support you as you start your way through the medical curriculum. I have a personal interest in research, as well, and am always keen on encouraging and facilitating research opportunities. During the year, we will be hosting several academic events, programs and resources to help you transition through different phases of your medical degree.

Please contact me with any academic questions, concerns or suggestions you may have! All the best and see you soon!

Academic Officer



Michael Henain
m.henain@gums.org.au



GUMS PORTFOLIOS

My name is Sakhi Doshi and I am the GUMS Academic Officer for Sunshine Coast along with Michael Henain for 2019.

Starting up a medical school program on the Sunshine Coast is going to be a great opportunity for many of us. We are looking forward to helping you and providing activities that will assist with your academic learning.

These may include formative OSCEs, seminars and peer assisted sessions. We are your first point of call when it comes to any academic question or concern.

Looking forward to meeting you all in Sunshine Coast!

Academic Officer



Sakhi Doshi
s.doshi@gums.org.au



Social & Wellbeing Officer



Lizzie Moloney
l.moloney@gums.org.au

My name is Lizzie Moloney and I am your GUMS Wellbeing and Social Officer for the Sunny Coast. I'm a big believer in work-life balance and finding things outside of med that bring you happiness. Being Griffith's first year at the Sunny Coast, we're keen to create a medical student community focused on supporting your overall wellbeing. They'll be plenty of joint social events with the Gold Coast crew as well as our own Sunny Coast nights, so don't be a stranger and get amongst it.

If you'd like to be involved in promoting wellbeing and organising social events please let me know and join the team. Can't wait to get to know you all!

P.S. Back yourself



Scholarships & Bursaries

For many students, money is a significant barrier to exploring their passions in various fields and disciplines. GUMS is here to support you. The Gold Coast Association of Postgraduates (GCAP) and Griffith University also provide a range of scholarships and financial support.

Daniel Payne Textbook Scholarship

Daniel Payne (1991 – 2015) was a young, passionate medical student who undoubtedly achieved great things. Many of his ambitions centred around counteracting social injustice. In the year 2015, the world of medicine lost a great man with the passing of Daniel Payne. His extensive range of textbooks were donated to GUMS to give to medical students who were experiencing financial hardship, a gesture fitting to Daniel's cause. In memory, GUMS has

established the Daniel Payne Memorial Scholarship as an avenue for students to donate their textbooks to peers struggling financially.

Conference Reimbursement Scheme

This scheme allows students to apply for reimbursement of costs incurred by attending a conference of their choice. Stay tuned for details!

Sports

Think medical students don't have time to do anything but study? **Think again!** Medical students seem to not only be driven by academics but through sport as well. We have a number of medical student social sports teams sponsored by GUMS, which you can join! While these are all located on the Gold Coast, there will be more details on setting up teams at the Sunshine Coast so watch this space!"

Soccer: Griffith Medicine FC

<https://www.facebook.com/groups/22828032542/>

AFL: Griffith Seamen

<https://www.facebook.com/groups/200306923314290>

Rugby Union: Griffith Gremlins

<https://www.facebook.com/groups/275965935808845>

Basketball

<https://www.facebook.com/groups/375580319122951>

Netball

<https://www.facebook.com/groups/933868683289804>

Cricket

<https://www.facebook.com/groups/264935280594626/>

HOPE 4HEALTH

ABOUT US

HOPE4HEALTH, established by Griffith Health students in 2006, is a student run organisation which aims to eliminate health inequality wherever it exists. With over 1000 active members, H4H addresses health at the local (including rural and indigenous health) & international level. H4H runs 24 events and provides 10 scholarships annually for Griffith students. To learn more, become a member and come along to one of our monthly member meetings.

GET INVOLVED

- Monthly member meetings
- Fundraising parties
- Join a subcommunity
- Volunteer or even coordinate an event etc!

MEMBERSHIP

Lifetime membership: \$20 (one-off). Includes exclusive access & discounts to all our programs and events.



EVENTS

- Op Shop Ball (first event of the year!)
- Jungle Party
- Spirit of Healthy Horizons
- Ubuntu Through Health Dinner
- Red Party
- Check-it-Out Community Health Screening
- Rural Clinical Skills Events

CONTACT US

Website: <http://hope4health.org.au>
Email: secretary@hope4health.org.au

ABOUT US

SURGIA aims to facilitate a smooth transition into medicine and deliver inspirational and opportunistic social and educational events to all students, not just those who are interested in surgery. We are one of the largest surgical societies in Australia with over 1400 student and professional members, and are widely recognised as a key member of the International Association of Student Surgical Societies (IASSS)!

EVENTS

- SURGIA's Amazing Race (feb)
- MS Swim-a-thon (Feb)
- Pathways in Surgery Seminar
- Mentoring Mixer
- Basic Suturing Workshop
- Advanced Suturing Workshop
- Trauma symposium
- Annual Surgical Conference
- ...and much more TBA!

MEMBERSHIP

Life Member: \$25, payable by cash (at all events) or PayPal (through [surgia.org](https://www.surgia.org)). Membership will give you access to membership rewards on campus, registration to events and an entire array of other benefits! Stay tuned!

CONTACT US

Website: <https://www.surgia.org/>
Facebook: <https://www.facebook.com/surgia.org/>



GPSN

ABOUT US

Griffith GPSN is Griffith University's branch of the national General Practice Student Network (GPSN), which operates across 21 university campuses in Australia. GPSN offers programs focused on exposing medical students to the inspiring diversity of a career in general practice through activities including clinical skill sessions, social events, seminars and conferences, as well as peer support and networking opportunities.

GET INVOLVED

We are looking for a First Year Representative as well as general executive members.

CONTACT US

Email: griffith@student.gpra.org.au
Facebook: <https://www.facebook.com/GPSNGriffith/>

MEMBERSHIP

Griffith GPSN runs numerous and varied events that you could be involved in through providing funding, lucky door prizes, speakers or tradeshow stalls. These events include:

- Orientation Events
- Red Flag Seminars - Usually delivered by consultants well known within their respective fields
- Clinical Skills Workshops





AUSTRALIAN
MEDICAL STUDENTS'
ASSOCIATION

ABOUT US

The Australian Medical Students' Association (AMSA) is the peak representative body for Australian medical students ensuring their concerns are heard by all levels of government and other relevant stakeholders in medical education. Through exciting events and conferences, it is an amazing way to make the most of your time before you graduate!

EVENTS

- National Convention (Hobart, 2019) - highlight of the medical school year consisting of amazing workshops & speakers during the day, and jawdropping socials at night
- Global Health Conference (GHC) (Sydney, 2019)
- National Leadership Development Seminar (NLDS)
- Rural Health Summit (RHS)

Registration for events sells out in minutes

THINK TANKS & COUNCIL

- Think Tanks: held at Griffith to discuss upcoming policies to be voted upon at Council
- Council: representatives from every medical school in Australia come to advocate for their student's views.

PUBLICATIONS

Publish your articles and research through AMSA's publications like Panacea (biannual publication) and Vector (Global Health's publication)

INITIATIVES

Vampire Cup (medical student blood donation drive), Mental Health project (student wellbeing), etc

JOIN US

Phoebe Tronc (Senior Rep) & Kiera Stanmore (Junior Rep)

Website: <https://www.amsa.org.au/join>
GUMS@AMSA: <https://www.facebook.com/groups/778352792242767/>



Nationally, Griffith came in 2nd in the Emergency Medicine Challenge & reached semi-finals in debating at Convention

Griffith won 2 awards at Vampire Cup 2017



Welcome to medical school and the start of an incredible journey!

I would also like to introduce to the Queensland Medical Students Council (QLDMSC). We advocate for and support all Queensland medical students regardless of where you're from. With that in mind, QLDMSC aims to grow collegiality between the 4 medical schools in Queensland and provide you with the best support from the start of your degree till graduation day.

Areas of focus

Medical student advocacy has 3 tiers: local (your medical society), state (that's us!) and national (AMSA). QLDMSC aims to speak as the unified voice of Queensland's medical students and junior doctors of the future. With one of the largest populations of medical students in the country, we work to ensure the quality of individual education you receive is the highest in the nation.

QLDMSC also provides individuals and medical societies opportunities to upskill their members in areas of leadership and society development to ensure that Queensland is producing the most highly qualified medical graduates in Australia. Keep an eye out for our masterclasses throughout the year focused on those difficult-to-learn skills that empower students to act both as individuals and members of their medical society.

Our other key focus is ensuring student wellbeing is at the forefront of medical education. We look forward to bringing you developments in this area through our work with medical schools.

Additionally, QLDMSC hosts a number of inter-university events to provide social opportunities and friendly competition between universities. Our annual Emergency Medical Challenge is a highlight and the perfect way to demonstrate your abilities while representing your university. We also host cocktail nights throughout the year for you to meet your future colleagues. And for the graduating class, our premiere event: Yacht Week. A trip to the Whitsundays beautiful scenery, spent aboard yachts with events every evening, it is truly the perfect way to wrap up your time at medical school.

After completing medicine, you will be required to apply for an internship. Given the massive influx of medical students over the past few years, QLDMSC also consistently advocates on internship positions and quality to ensure you receive a job after your hard work and effort in university.

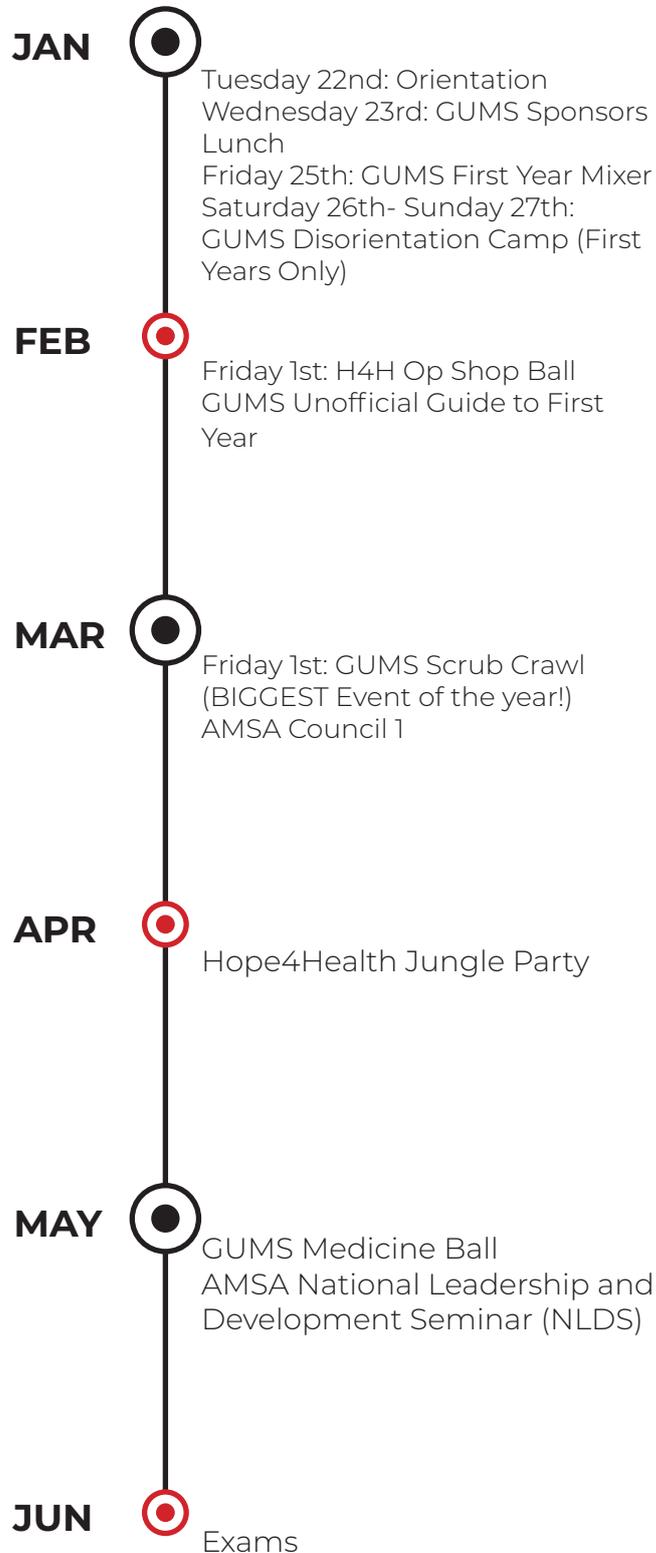
Above all, we here at QLDMSC hope to instil solidarity, support and camaraderie in you throughout your time at medical school. Follow us on Facebook: <https://www.facebook.com/qldmsc/> to keep up to date on our activities; we look forward to meeting you throughout the year!

Tyron March
QLDMSC Chair



Upcoming events

2019



Dates are subject to change

SPONSORS

Thanks to our partners for their ongoing support towards our initiatives and events!

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Gold Sponsors



Silver Sponsors



Event Sponsors



