

Year 4 Formative OSCE 2018

Reading for Station 4

Candidate Instructions

Clinical Scenario

You are an intern in the local GP clinic. 31-year-old Mary brings in her 6-week-old daughter Harriet who is due for her 6-week check.

She is a healthy infant, born at 38 weeks with no health concerns. A brief history is below:

Harriet was born at 38 weeks via SVD with nil antenatal nor perinatal complications. She weighed 3050g at birth and required no time in the special care nursery. APGARs were 7 at 1 minute and 9 at 5 minutes.

She is breast fed and feeds well every 3 hours and sleeps for 5 hours at night. She produces 6 wet nappies a day and her stool is wet, yellow and soft.

She had both vitamin K and Hepatitis B vaccines at birth. Her hearing and vision both appear to be fine. She started smiling 2 days ago.

Task

In a total of eight (8) minutes:

- Complete a 6-week Children's Health Check (examination only, history provided)
- Complete the red book entry
- Explain your examination findings to the GP trainer, throughout the examination

You are provided with the length, weight and head circumference and do not need to measure these [available in the room]

Length: 56 cm

Weight: 5.2 kg

Head circumference: 38.5 cm

[The examiner will assume the role of the GP trainer].

Simulated Patient Information

The candidate has the following scenario and task

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Instructions for simulated patient

- If asked about birth say it was a vaginal delivery at 38 weeks, spontaneous. Nil antenatal and perinatal issues. Epidural was used. Baby was healthy at birth and required no special care nursery. APGARs were 7 and 9.
- She been feeding well, every 3 hours and goes down for 5 hours at night. Completely breast fed so far with nil issues. Good number of wet nappies (6/day) and stool is wet, yellow and soft.
- Yes, to Vitamin K and Hepatitis B vaccines at birth.

Examiner Instructions

Please verify that you are examining the correct student by checking the name on the student's ID card against the name on the score sheet, as the student enters the room.

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Instructions

- You are playing the role of the GP Trainer in this exam. You shouldn't need to address the student after you have checked ID. Please do not provide prompts on the station content.
- If the student is not explaining what they are looking for during the physical examination, then please prompt them once with "**What are you looking for there?**".
- Stay out of the line of sight between the candidate and the patient during the physical exam. Do not provide any positive or negative feedback to the candidate.
- Please record your observations on the scoresheet **as you go**, as discussed in the briefing.
- You have two minutes between candidates to finalise your scoring and 'reset' the station.

Props and Sundries

- Simulated patient
- Female baby
- Handwash
- Red book form
- Pen light
- Ruler

Author – Maddison Taylor. Revised by Rhys Harris

Y4 2018 formative Stn 4

Candidate: _____

A

1 Infection Control

appropriately washes hands before · appropriately washes hands after

has 0 has 1 has 2

2 Consent

explains · seeks · obtains

has 0 has 1 has 2 has 3

3 Observation

skin colour/marks · activity · posturing/movements · breathing/respiratory effort

has 0 has 1 has 2 has 3 has 4

4 Chest

heart auscultation · lung field auscultation · capillary refill on chest · femoral pulse

has 0 has 1 has 2 has 3 has 4

5 Abdomen *active and passive movement required to receive mark*

palpation for masses · umbilical stump · liver palpation · kidney palpation · spleen palpation · auscultation

has 0 has 1 has 2 has 3 has 4 has 5 has 6

6 Head

palpates fontanelle · comments on sutures/abnormalities (eg caput succundum) · comments on skull shape · red reflex · comments on lack of dysmorphic features · checks palate · ROM neck · mentions ear check (otoscopy)

has 0 has 1 has 2 has 3 has 4 has 5 has 6 or more

7 Genitals

checks labia · checks clitoris · checks hernias · checks patent anus · spine checked for spina bifida

has 0 has 1 has 2 has 3 has 4 has 5

8 Limbs

clavicles palpated · fingers checked · Ortolani done · barlow done · comments on feet morphology (eg talipes)

has 0 has 1 has 2 has 3 has 4 has 5

9 Neurological/Other

rooting reflex · grasping reflex · moro reflex

has 0 has 1 has 2 has 3

10 Red Book

charts height appropriately · charts weight appropriately · charts head circumference appropriately · documents 6 week health assessment

- has 0
 - has 1
 - has 2
 - has 3
 - has 4
-

11 Explanation of examination findings

consistently and appropriately explains examination findings to GP trainer

- has 0
 - has 1
-

12 Clarity *organisation, appropriate confidence*

- 1. Confused, disorganised, unclear
 - 2. -|
 - 3. Below expected
 - 4. -|
 - 5. Above expected
 - 6. -|
 - 7. Outstanding
-

13 Warmth *engagement, compassion, care for patient*

- 1. Cold, uncaring, brusque
 - 2. -|
 - 3. Below expected
 - 4. -|
 - 5. Above expected
 - 6. -|
 - 7. Outstanding
-

Notes

Station 4

Health assessment Approx 2 months (6–8 weeks)

Child's age _____

To be completed by doctor or child health nurse.

Health Assessment	Within Normal Limits		Review	Refer	Comments
	Yes	No			
Weight _____ gm					
Length _____ cm					
Head circumference _____ cm					
Head symmetry					
Mouth/palate/frenulum					
Vision/eye examination (refer to P12)					
Hearing profile					
Aboriginal and Torres Strait Islander ear check (otoscopy)*					
Cardiovascular					
Femoral pulses					
Hips					
Genitalia					
Development					

Baby vaccinated at this visit: Yes No. If no, comments:

* When an at risk family presents it is critical that all tests occur during this appointment

Comments _____

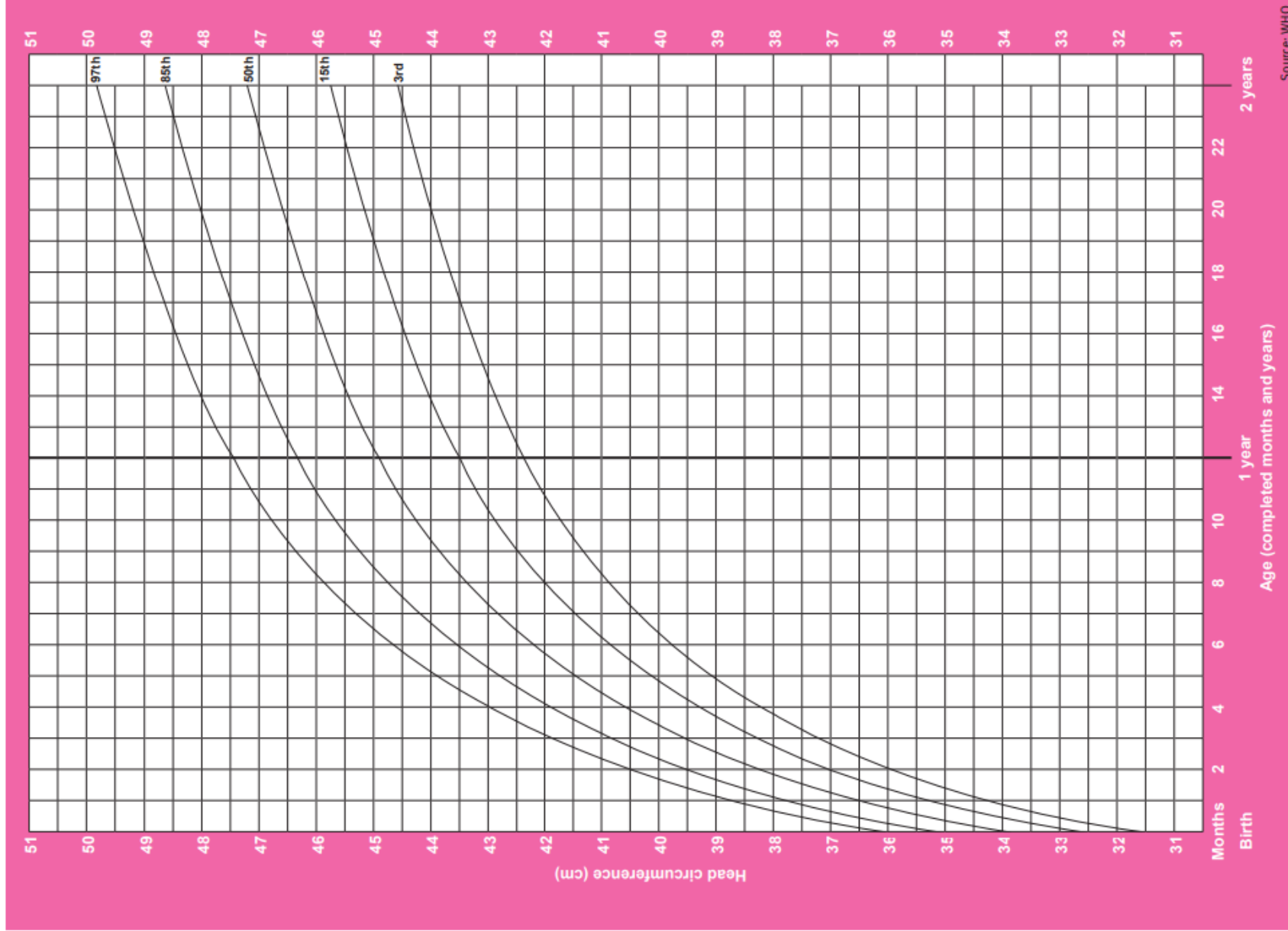
Name _____ Medical Practitioner Registered Nurse

Signature _____ Date ____/____/____

Remember your baby's first vaccinations due at 2 months of age can be given from 6 weeks.

[See page 71](#) and speak to your vaccination provider.

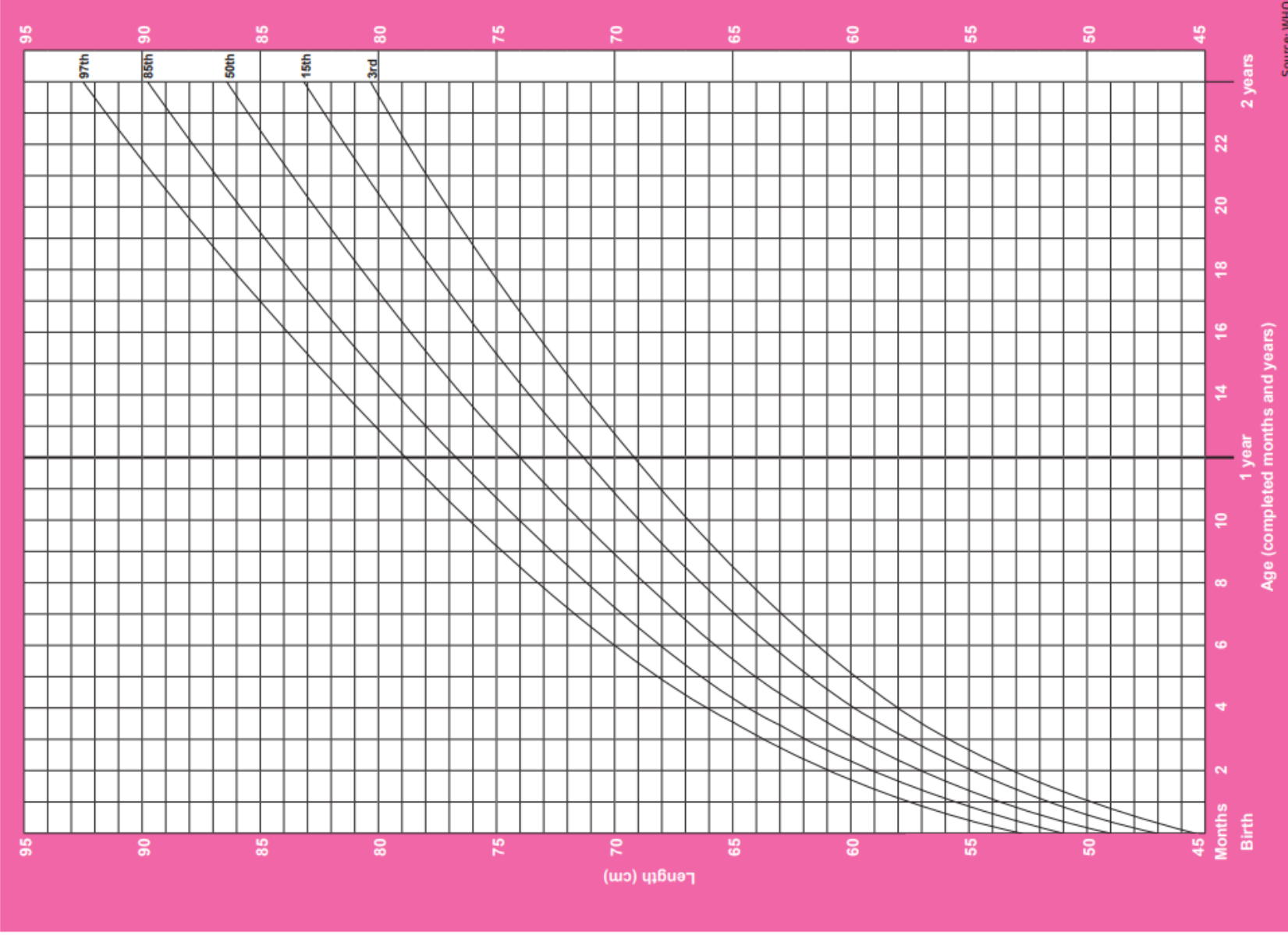
Head circumference-for-age percentiles: Girls, birth to 2 years



Source: WHO

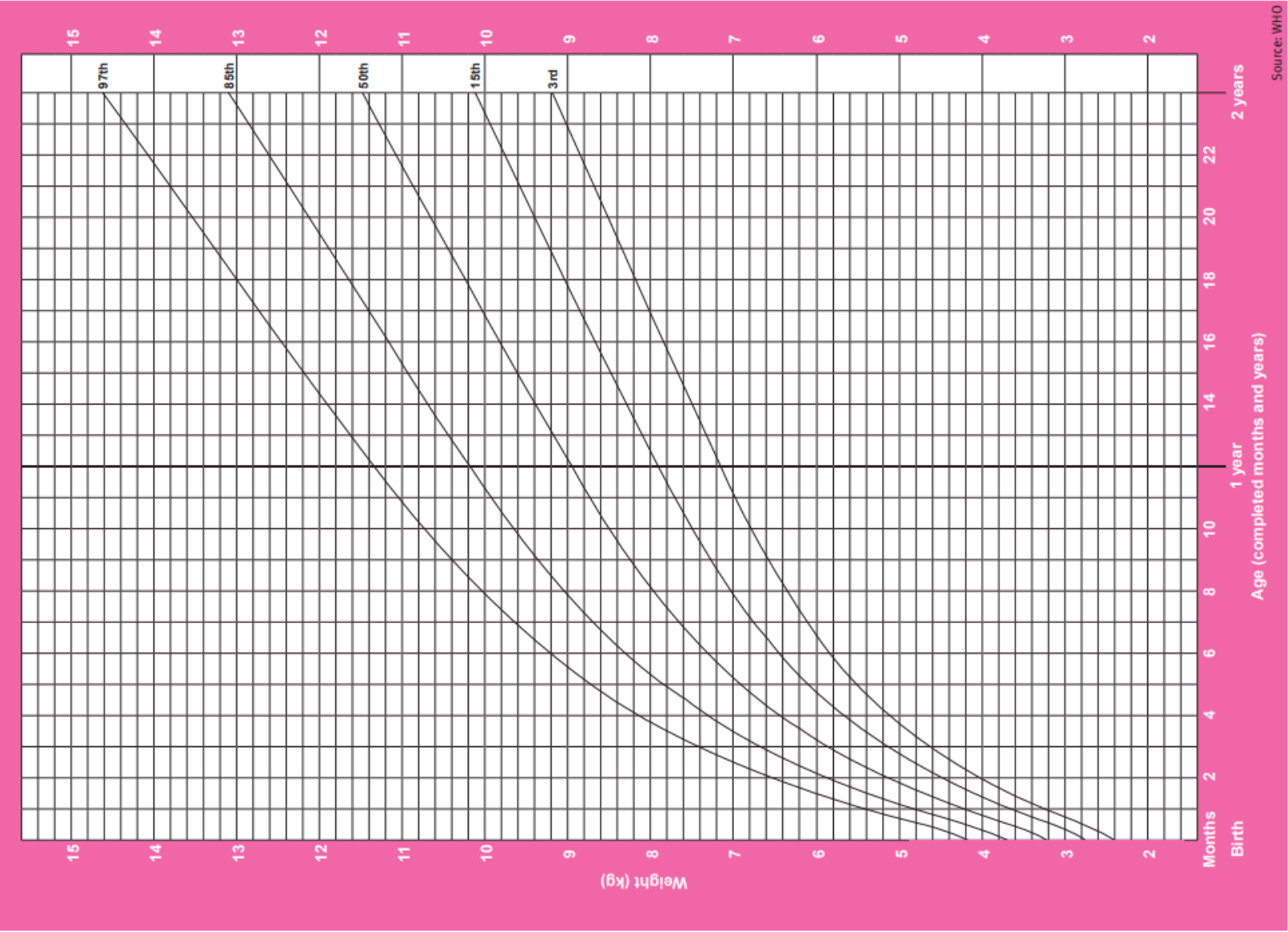
Length-for-age percentiles: Girls, birth to 2 years

(Measure child lying down)



Source: WHO

Weight-for-age percentiles: Girls, birth to 2 years



Source: WHO

The following measurements are provided:

Length: 56 cm

Weight: 5.2 kg

Head circumference: 38.5 cm