

Year 2 Formative OSCE 2017

Station 3

Candidate Instructions

Clinical Scenario

You are a 3rd year medical student at your GP placement at Varsity Lakes GP clinic.

A 25 year old male/female, Tim / Robyn Harrison, has presented to the clinic with **pain** in his/her **right shoulder**. He/she is a competitive swimmer and is hoping to compete again next week. He/she has been training strenuously for the past 6 months.

Task

In a total of five (5) minutes:

- Examine the **shoulder**. Explain what you are doing in simple terms to the patient. You do not need to repeat any history or parts of the examination already completed.
- Report the **most likely diagnosis** to the examiner

Do not take further a history.

Simulated Patient Information

Thank you for supporting this important School of Medicine final exam; your contribution is greatly appreciated. Each candidate will be with you for five minutes with a 2-minute break in between. Your comfort is important to us. If you have any needs during the exam please tell the examiner in your room and attention will be sought. There will be scheduled breaks of y minutes during each run of the exam for brief refreshment or bathroom stops.

The candidate has the following scenario and task

Clinical Scenario

You are a 3rd year medical student at your GP placement at Varsity Lakes GP clinic.

A 25 year old male, Tim Harrison, has presented to the clinic with **pain** in his **right shoulder**. He is a competitive swimmer and is hoping to compete again next week. He has been training strenuously for the past 6 months.

Task

In a total of five (5) minutes:

- Examine the **shoulder**. Explain what you are doing in simple terms to the patient. You do not need to repeat any history or parts of the examination already completed.
- Report the **most likely diagnosis** to the examiner

Do not take further a history.

Instructions for simulated patient

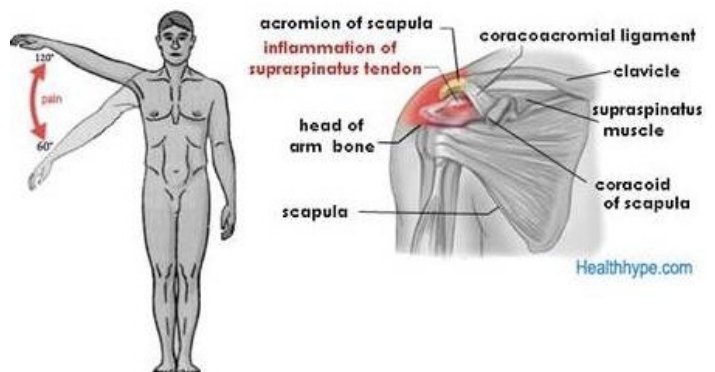
You are Tim or Robyn Harrison, a 25-year-old competitive swimmer who has presented with pain in his **right** shoulder. You have been training quite strenuously for the past 6 months as you have a big competition coming up in the next week. You are concerned about the pain and have come to your GP clinic to have it addressed before the big day.

You do not know the cause of the pain in your right shoulder.

During the examination

You feel pain in certain movements:

- When the student presses on the edge of your right shoulder
- When you actively lift your arm out between 60-120 degrees. It is not painful before or after those angles (see diagram) or with passive lifting
- When your arm is twisted and passively lifted up
- Any movement that seems to compress the edge/tip of your shoulder (supraspinatus muscle/tendon)



You may be asked to remove your shirt, if you are comfortable to do so, in order for the student to accurately perform the examination. THIS IS OPTIONAL, you can say no.

Examiner Instructions

Please verify that you are examining the correct student by checking the name of the student's ID card against the name on the score sheet, as the student enters the room.

The candidate has the following scenario and task

Clinical Scenario

You are a 3rd year medical student at your GP placement at Varsity Lakes GP clinic.

A 25 year old male, Tim Harrison, has presented to the clinic with **pain** in his **right shoulder**. He is a competitive swimmer and is hoping to compete again next week. He has been training strenuously for the past 6 months.

Task

In a total of five (5) minutes:

- Examine the **shoulder**. Explain what you are doing in simple terms to the patient. You do not need to repeat any history or parts of the examination already completed.
- Report the **most likely diagnosis** to the examiner

Do not take further a history.

- Please do not provide prompts on the station content.
- Stay out of line of sight between the candidate and the patient.
- Do not provide any positive or negative feedback to the candidate.
- Please record your observations on the scoresheet **as you go**, as discussed in the briefing.
- The candidate has only 5 minutes to complete the station. When the bell rings, they should be asked to finish and leave immediately.
- The candidate will give you a **most likely diagnosis** before the end of the station, please note this on the score sheet
- You have two minutes between candidates to finalise your scoring and 'reset' the station.

Props and Sundries

- Simulated patient (Male or female, 20s)
- Examination bed with sheets and pillow

OSCE Score Sheet

Station Number: 3 Shoulder Examination

ID Check
(Please tick)

Student Name:

Examiner's name:

Simulated patient (actor's) name: ____

PLEASE MAKE ONE TICK IN EVERY ROW

No.	Assessment Item (details)							
1	Introduces self & Infection Control (introduces appropriately, washes hands before and after)	0	1	2	3			
2	Consent (explains, seeks, obtains)	0	1	2	3			
3	Inspection (checks for - symmetry, muscle wasting, fasciculation, scars/ contractures, swelling, sulcus sign)	0	1	2	3	4	5	
4	Feel (checks both sides, skin temperature, palpates joints – sternoclavicular, acromioclavicular, glenohumeral; palpates soft tissues; palpates muscles)	0	1	2	3	4	5	
5	Move (tests active and passive movements, flexion, extension, adduction, abduction, internal and external rotation, combined movements – hand behind back, horizontal flexion)	0	1	2	3	4	5	
6	Special tests (impingement test/Hawkin's test, anterior stability test)	0	1	2				
7	Reports findings (notes rotator cuff injury, specifically supraspinatus injury)	0	1	2				
8	CLARITY (communication, organisation,)	1	2	3	4	5	6	7
		Confused, disorganised, unclear	Below Expected		Above Expected		Outstanding	
9	WARMTH (engagement, compassion, care for patient)	1	2	3	4	5	6	7
		Cold, Uncaring, brusque	Below Expected		Above Expected		Outstanding	
10	Professionalism (interaction with medical student)	1	2	3	4	5		
		Cold, Uncaring, brusque	Below Expected		Above Expected		Outstanding	