



Year 3 Formative OSCE 2019

Reading for Station 1

Candidate Instructions

Clinical Scenario

You are a 4th year medical student at GP placement.

19-year-old Jennifer has come to talk about her painful periods over the past 3 months.

Task

In a total of six (6) minutes:

- Take a focused gynaecological history and any other relevant history

At six (6) mins, you will be interrupted to:

- Provide your top 2 differential diagnosis with your rationale and the relevant investigations you would like to order

The examiner will assume the role of the GP in this scenario.

Simulated Patient Information

Thank you for your time to volunteer as a simulated patient.

The candidate has the following scenario and task

Clinical Scenario

You are a 4th year medical student at GP placement.

19-year-old Jennifer has come to talk about her painful periods over the past 3 months.

Task

In a total of six (6) minutes:

- Take a focused gynaecological history and any other relevant history

At six (6) mins, you will be interrupted to:

- Provide your top 2 differential diagnosis with your rationale and the relevant investigations you would like to order

The examiner will assume the role of the GP in this scenario.

Instructions for simulated patient

You are Jennifer, a 19-year-old university student studying engineering. You came to the GP due to abdominal pain during your periods that began 3 months ago. Prior to this, you've always had normal 'period cramps.' It usually starts one day before your period and lasts throughout your period. Over the past 3 months the pain seems to be getting worse and the periods are getting longer, now lasting up to 8 days. The pain is constant and in your lower abdomen, not particularly on one a single side. At its worst, the pain is 8/10. You have tried using panadol and nurofen, but this has not given sufficient relief. You have found it quite difficult to concentrate at university, and have stayed at home most of the week of your period. During your period, you feel very tired and your abdomen feels bloated, but you don't have any other symptoms. No intermenstrual bleeding and no vaginal discharge. No nausea/vomiting. No urinary or bowel symptoms.

You had your first period when you were 12. Your cycles are usually 27-30days, with 5 days of menses requiring 5 pads a day. It has always been a relatively heavy flow. You have noticed some clots in the blood recently. Your last period was a week ago.

You have never been pregnant. You have never had an STI.

You have never had a cervical screening test.

Mike is your stable partner of 2 years, and you are sexually active with him. You use condoms for contraception, but haven't used it once or twice. If asked, you recently had a bit of pain and discomfort during penetrative sex. You have never had any other sexual partners.

Past medical history: Nil

Medication history: The only medication you take is panadol and nurofen for the period pain and headaches etc. You do not take the oral contraceptive pill. No allergies

Family history:

Older sister diagnosed with ovarian cysts at 23 years old

Grandmother had ovarian cancer at 70 years old

Social history:

Smoking: Smokes 5 cigarettes/day over the past year – for stress relief from university

Alcohol: At least a couple of glasses of beer per day. Stronger alcohol on the weekends

Recreational drugs: Last year a couple of disco biscuits (ecstasy pills). Nil complications.

Never injected

Occupation: First year university student studying engineering. No part-time work.

Home life: Lives with share mates from the same university.

Examiner Instructions

Please verify that you are examining the correct student by checking the name on the student's ID card against the name on the score sheet, as the student enters the room.

The candidate has the following scenario and task

Clinical Scenario

You are a 4th year medical student at GP placement.

19-year-old Jennifer has come to talk about her painful periods over the past 3 months.

Task

In a total of six (6) minutes:

- Take a focused gynaecological history and any other relevant history

At six (6) mins, you will be interrupted to:

- Provide your top 2 differential diagnosis with your rationale and the relevant investigations you would like to order

The examiner will assume the role of the GP in this scenario.

Instructions

- **Upon entry of student, start the timer to 6 minutes.** (Station is 8 minutes in total and the end of the station will be announced through the speaker)
- You are playing the **role of the examiner** in this exam. You should address the student as a registrar would, after you have **checked ID**. Please do not provide prompts on the station content.
- Please record your observations on the scoresheet **as you go**, as discussed in the briefing.
- At the 6 minute mark, **interrupt the student, and ask the following questions:**
 - **What are your top 2 differential diagnoses and explain your rationale?**
 - **What investigations would you like to order?**

Props and Sundries

- Simulated patient
- Handwash

Author – Hiroki Hayashi and Grace Low

OSCE Score Sheet

Station 1 – Gynaecological pelvic pain history

ID Check
(please tick)

Student Name/Number.....

Examiners Name:

SP:

No.	Assessment Item (details)	PLEASE MAKE ONE TICK IN EVERY ROW																											
1	Infection Control and Introduces self appropriately washes hands before, introduces self, appropriately washes hands after	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																								
		0	1	2	3																								
2	History of presenting complaint Site, Onset, Character, Radiation, Duration/Timeline, Exacerbating/Relieving, Severity, Previous episodes, Concerns	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																					
		0	1	2	3	4	5	6																					
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																									
		7	8	9																									
3	Associated symptoms (max 8 marks) Intermenstrual bleeding, Post-coital bleeding, Clots, PV discharge, Dyspareunia, Nausea/Vomiting, Lethargy, Urinary sx, Bowel sx, Fainting, Weight-loss, Other appropriate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																					
		0	1	2	3	4	5	6																					
		<input type="checkbox"/>	<input type="checkbox"/>																										
		7	8																										
4	Menstrual history Age of menarche, Usual length of cycle, Volume of bleeding, Last menstrual period	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																							
		0	1	2	3	4																							
5	Gynaecological and Obstetric history Cervical screening test, Sexually active, Contraception, Previous STIs, Previous pregnancies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																					
		0	1	2	3	4	5																						
6	Other history Past medical history, Medication hx, Allergies, Family hx (Bleeding disorders, Obstetric and gynaecological conditions) Surgical history, Social hx (Smoking/Alcohol/Recreational drugs/Occupation)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																					
		0	1	2	3	4	5	6																					
7	Differential diagnosis with appropriate rationale Endometriosis, adenomyosis, pelvic inflammatory disease, primary dysmenorrhea, other appropriate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																									
		0	1	2																									
8	Investigations (max 6 marks) Bloods (FBC/ LFTs/ U&Es), B-Hcg, Urinalysis, Urine culture, STI screen, Transvaginal ultrasound, Laparoscopy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																					
		0	1	2	3	4	5	6																					
9	CLARITY (organisation, appropriate confidence)	<table border="1"> <thead> <tr> <th>1</th> <th>2</th> <th>3</th> <th>4</th> <th>5</th> <th>6</th> <th>7</th> </tr> </thead> <tbody> <tr> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td colspan="2">Confused, disorganised, unclear</td> <td colspan="2">Below expected</td> <td colspan="2">Above expected</td> <td>Outstanding</td> </tr> </tbody> </table>							1	2	3	4	5	6	7	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Confused, disorganised, unclear		Below expected		Above expected		Outstanding
1	2	3	4	5	6	7																							
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																							
Confused, disorganised, unclear		Below expected		Above expected		Outstanding																							
10	WARMTH (engagement, compassion, care for patient)	<table border="1"> <thead> <tr> <th>1</th> <th>2</th> <th>3</th> <th>4</th> <th>5</th> <th>6</th> <th>7</th> </tr> </thead> <tbody> <tr> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td colspan="2">Cold, uncaring, brusque</td> <td colspan="2">Below expected</td> <td colspan="2">Above expected</td> <td>Outstanding</td> </tr> </tbody> </table>							1	2	3	4	5	6	7	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cold, uncaring, brusque		Below expected		Above expected		Outstanding
1	2	3	4	5	6	7																							
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																							
Cold, uncaring, brusque		Below expected		Above expected		Outstanding																							